



**2008 Seahawks/USA Football Coaching School Agenda  
Saturday JUNE 28, 2008 – Qwest Field**

**7:30 AM Sharp**

**Coaches Arrive- Sign Waiver – Lombardi Time  
Registration – (Seattle Representative/Volunteers)**

**Welcome & Clinic Program (Bassel Faltas, Matt Manning, Connie Cate, Carlos Oseguera)**

**Morning Coaching Theory Sessions**

**Dee Hawkes – What Every Coach Should Know?**

**Dr. Locknane – Health and Safety**

**BREAK**

**Fundamentals & Drills Sessions (Four Stations – Rotate every 20 minutes)**

**Position Fundamentals & Practice Drills – 4 Station Rotations**

**OL - TBD**

**DL - TBD**

**Speed and Agility**

**Tackling - TBD**

**Lunch & Keynote Speaker**

**High School Team Practice**

**Fundamentals & Drills Sessions (Four Stations – Rotate every 20 minutes)**

**Position Fundamentals & Practice Drills – 4 Station Rotations**

**QB -**

**WR**

**RB**

**Special Teams**

**Community Coaching and Theory Sessions (Four Stations – Rotate every 15 Minutes)**

**Master Coach Sessions (Question and Answer)**

**5:00 pm**

**Gift Bags, Wrap Up & Thank You**