



**USA Football Youth Coaches School
Hosted by Episcopal High School
March 21, 2009**

CLINIC AGENDA

- #1 8:00 – 9:00am** Registration
- #2 9:00 – 9:10am** Welcome to USA Football Youth Coaches School

COACHING THEORY SESSIONS

- #3 9:10 – 10:10am** Building Effective Practice Plans – **Bill McGregor – DeMatha Catholic**
- #4 10:10 – 11:10am** Responsible Coaching – **Larry Canard – USA Football**

CHALK TALK SESSIONS

- #5 11:15 – 12:15pm** 3 Step Passing Game – **Tommy Green – Roosevelt HS (Classroom #1)**
- Winning with the Wing-T – **Mike Mayo – CH Flowers HS (Classroom #2)**
- Executing the Youth Odd Front – **Joe Neary – Gwynn Park HS (Classroom #3)**
- Executing the Youth Even Front – **Kenny Lucas – Annapolis Area Christian School (Classroom #4)**
- #6 12:20 - 1:20pm** 3 Step Passing Game – **Clinician (Classroom #1)**
- Winning with the Wing-T – **Clinician (Classroom #2)**
- Executing the Youth Odd Front – **Clinician (Classroom #3)**
- Executing the Youth Even Front – **Clinician (Classroom #4)**

LUNCH & KEYNOTE SPEAKER

- #7 1:30 – 2:15pm** LUNCH (Field House) / **SPONSOR TBD**
- #8 2:30 – 2:50pm** TBD

FUNDAMENTALS & DRILLS SESSIONS

- INSTRUCTORS** **Joe Neary (LB), Kyle Simmons (DB), Richie Thomas (DL), Scott McBrien (QB), Tom Verbanic (OL), Eric Henderson (RB), Tommy Green & Mike Mayo (WR), Kenny Lucas (TACKLE)**
- #9 3:00 – 3:20pm** Position Fundamentals & Drills – **QB, RB, WR, OL, DL, LB, DB, TKL**
- #10 3:20 – 3:40pm** Position Fundamentals & Drills – **QB, RB, WR, OL, DL, LB, DB, TKL**
- #11 3:40 – 4:00pm** Position Fundamentals & Drills – **QB, RB, WR, OL, DL, LB, DB, TKL**
- #12 4:00 – 4:20pm** Position Fundamentals & Drills – **QB, RB, WR, OL, DL, LB, DB, TKL**
- #13 4:20 – 4:40pm** Position Fundamentals & Drills – **QB, RB, WR, OL, DL, LB, DB, TKL**



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| #14 | 4:40 – 5:00pm | Position Fundamentals & Drills – QB, RB, WR, OL, DL, LB, DB, TKL |
| #15 | 5:00 – 5:20pm | Position Fundamentals & Drills – QB, RB, WR, OL, DL, LB, DB, TKL |
| #16 | 5:20 – 5:40pm | Position Fundamentals & Drills – QB, RB, WR, OL, DL, LB, DB, TKL |
| #17 | 5:40pm | WRAP-UP / INDIVIDUAL TIME / GIFTS |